



Communiqué

Extreme Frigid Weather

January 5, 2018

Camborne, ON – Extreme Frigid Weather

A multi-day episode of very cold wind chills is expected.

An Arctic ridge of high pressure continues to bring cold temperatures and brisk northwesterly winds to Eastern and Central Ontario. Wind chill values are not expected to recover too much today before dropping this evening and overnight to values near minus 40.

Cover up. Frostbite can develop within minutes on exposed skin, especially with wind chill.

Check on older family, friends and neighbours.

Keep emergency supplies in your vehicle such as extra blankets and jumper cables.

If it's too cold for you to stay outside, it's too cold for your pet to stay outside. Dogs are happiest when taken out frequently for walks and exercise, but kept inside the rest of the time.

Watch for colour changes on fingers and toes, pain, numbness, tingling sensation, or swelling. If present, move indoors and begin warming.

Outdoor workers should take regularly scheduled breaks to warm up.

Extreme cold warnings are issued when very cold temperatures or wind chill creates an elevated risk to health such as frost bite and hypothermia.

A second wave of frigid temperatures in 2018 prompted Environment Canada to issue a province-wide extreme cold weather alert on Thursday. Please don't let the sun fool you. The weather agency is forecasting mainly sunny skies but the temperature will remain bitterly cold.

Stay warm everyone!

For further information, please contact:

Mayor Mark Lovshin
905-885-4048

mlovshin@cogeco.ca

Arthur Anderson
Chief Administrative Officer
905-342-2810 Ext.111

aanderson@hamiltontownship.ca

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